

## Year 7

# Academic and Wellbeing Evening 2025



**Ambition, Determination, Excellence, Integrity, Kindness, Respect**

# Evening Aims

To provide information on...

- How we can work together to safeguard your/our children
- A picture of the whole school and subject specific curriculum at Oakmoor and what to expect for Year 7 and beyond
- Additional extra-curricular opportunities that will be available in the future which will extend learning and enrich the lives of our students
- A face-to-face meeting with your child's Tutor

# Our Vision



At Oakmoor our purpose is  
excellence



We focus on being the best version  
of ourselves to change our world  
for the better



We take pride in everything we do  
because we are proud to be part of  
Team Oakmoor

# Our Values



## **AMBITION**

We have high expectations not only for ourselves but also for our community, and work towards those goals with enthusiasm and perseverance.



## **DETERMINATION**

Mistakes are learning opportunities. We never give up on our learning because when we work hard we achieve amazing results.



## **EXCELLENCE**

Success is a journey not a destination. We focus on controlling the controllables and being the best versions of ourselves.



## **INTEGRITY**

We do the right thing because it is the right thing to do (especially when no one is watching). We are kind to everyone.



## **KINDNESS**

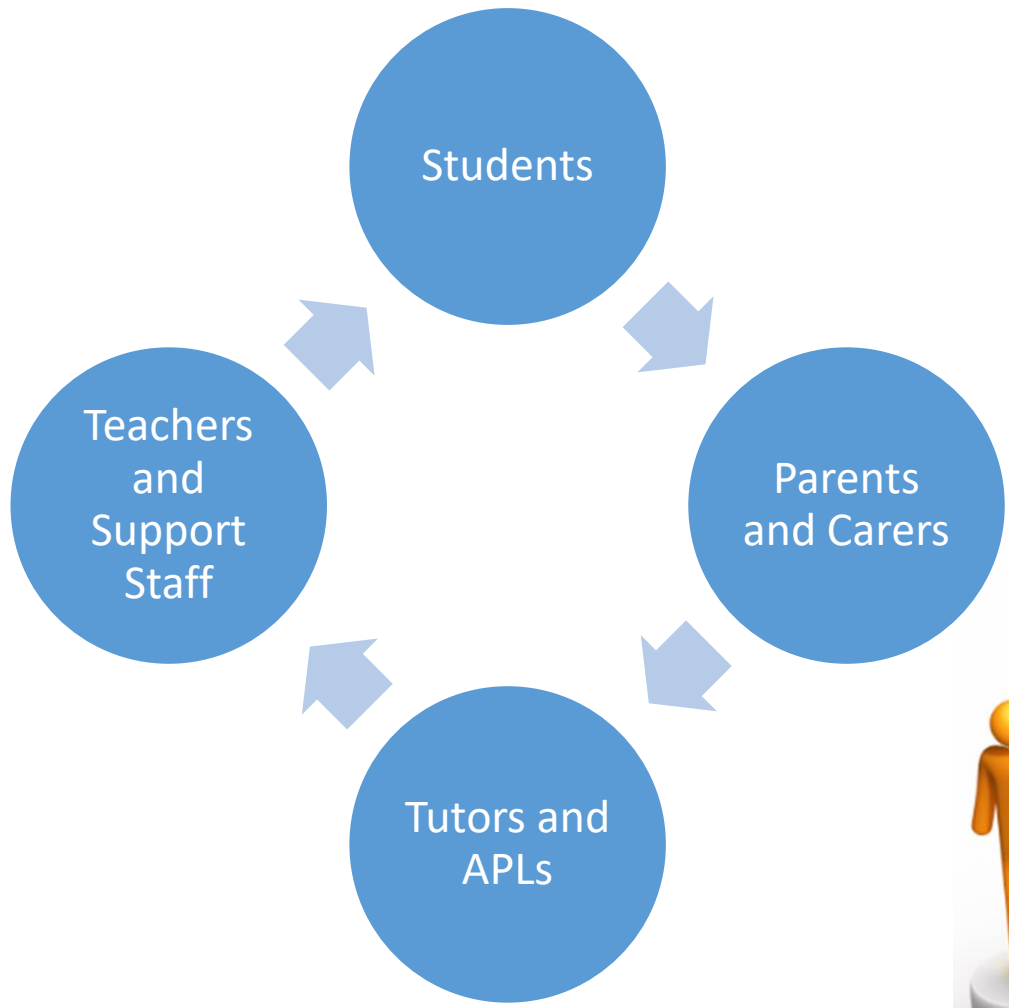
We create a positive and supportive learning environment where students feel safe and valued. We show empathy and understanding towards all students, regardless of their background or abilities.



## **RESPECT**

We treat others in our community as we wish to be treated through courtesy and professionalism. We always follow instructions: first time, every time.

# Team Oakmoor



**Ambition, Determination, Excellence, Integrity, Kindness, Respect**

# Attendance

- **Excellent** attendance is linked to **high** achievement.
- Attending school, being with friends and other adults has a **positive impact on wellbeing.**
- Good attendance is **a life skill** and will be needed in the future, both within education and the world of work.

# The Start of the Day

- Community Congregation.
- Tutor time.
- Assemblies.
- Personal, Social, Health and Economic Education (PSHE).
- The 'Oakmoor Reads' Programme.

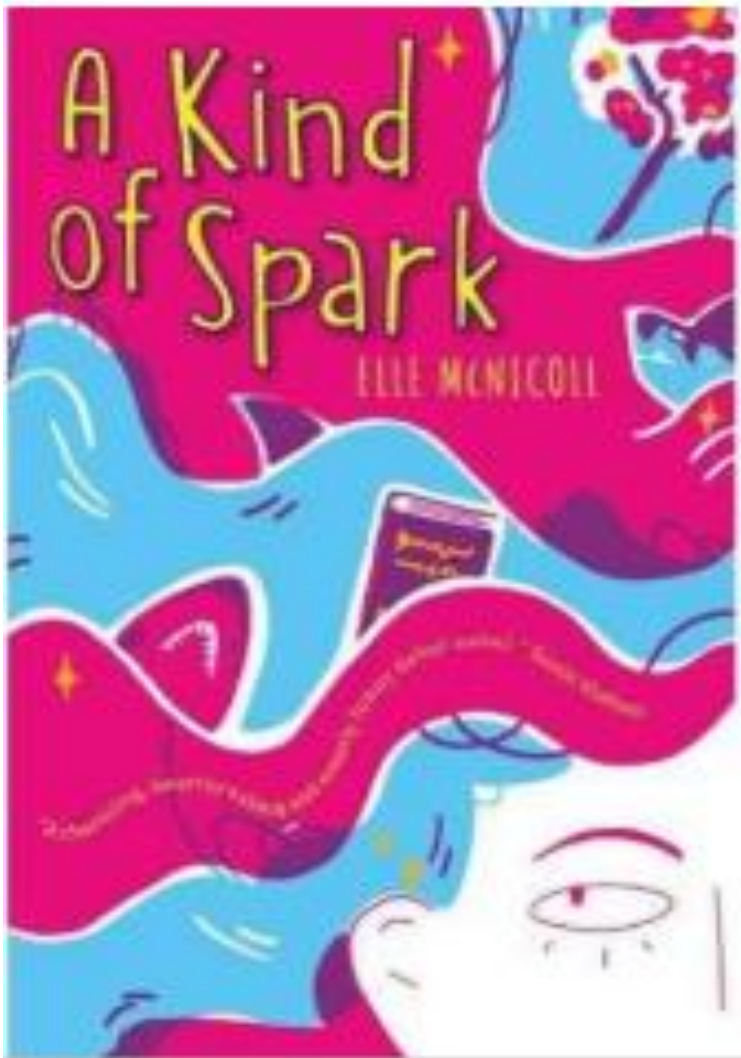


# The Importance of Reading

- Reading improves vocabulary.
- Improves brain connectivity.
- Enhances creativity and imagination.
- Provides a form of escapism and can reduce stress..
- Lowers blood pressure and heart rate.
- Improve your empathy for others.
- Improves concentration and focus.
- Improves memory.
- Expands your knowledge.
- Improves your communication skills.



# The 'Oakmoor Reads' Programme



A Kind of Spark tells the story of 11-year-old Addie as she campaigns for a memorial in memory of the witch trials that took place in her Scottish hometown. Addie knows there's more to the story of these 'witches', just like there is more to hers. Can Addie challenge how the people in her town see her and make her voice heard?

Word	Meaning
Disgraceful	Something that is very bad or unacceptable.
Encyclopedia	A book or set of books with information about many different topics or one subject in detail.
Thesaurus	A book that helps you find different words with the same or similar meanings.
Clamour	A loud and confused noise, especially when many people are talking or shouting at once.
Diminished	To feel less important or less strong.

# Class Learning

## Key Stage 3

English –	8
Mathematics –	8
Science –	8
Futures –	1
Technology –	2
Computing –	2
MFL –	3
History –	3
Geography –	3
Physical Education –	4
Religious Education –	2
Art –	2
Performing Arts –	4

## Key Stage 4

English  
Mathematics  
Science  
Option 1  
Option 2  
Option 3  
Option 4

### Non-examined content

Physical Education  
Religious Education

Total number of lessons = 50 over  
two weeks

## UCL Beacon School for Holocaust Education

*As a school we were awarded the Beacon School Quality Mark in Holocaust Education in 2023. Oakmoor is one of the leading schools in the country for this and we are proud of the education we provide for our students.*

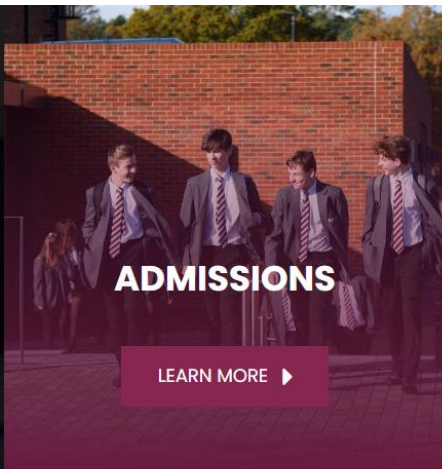
### This includes:

- Holocaust Memorial Evening.
- “Being Jewish” – a Judaism Scheme of Work for Year 7.
- Holocaust Scheme of Work in Year 8 led by highly-trained Humanities teachers.
- Cross-curricular links in the majority of subjects including Arts, Drama, Computing, Music and MFL.
- A new Scheme of Work about Gaza and Israel taught in Year 11 RE.
- Enrichment opportunities including Year 9 Imperial War Museum Trip and Year 10 Trip to Krakow.
- Year 8 talk from a family member of a Holocaust Survivor using Generation2Generation.

**Holocaust Memorial Evening**  
**Monday 26 January 2026, 7-8pm**



# Our Curriculum



Navigation icons: Search, Home, Location, Globe, Facebook, Close X

- HOME +
- OUR ACADEMY +
- KEY INFORMATION +
- SCHOOL LIFE +
- CURRICULUM AND LEARNING** +
- VACANCIES
- NEWS AND DATES +
- CONTACT US

HOME → CURRICULUM AND LEARNING

## CURRICULUM AND LEARNING

### Our Curriculum

We are committed to providing the best education for all our students through a broad and balanced curriculum which is personalised for particular needs. We believe this gives our students the best opportunity to succeed and achieve their potential, within school and beyond.

#### In This Section

[OUR CURRICULUM](#)

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# Our Curriculum

HOME → CURRICULUM AND LEARNING → SUBJECTS

## SUBJECTS

MENU ☰

For details of the curriculum we teach at Oakmoor please have a look through this section, we have arranged our curriculum details into subjects to make it easier for you to view.

ART & DESIGN  
AND  
PHOTOGRAPHY

COMPUTING

DESIGN AND  
TECHNOLOGY,  
FOOD &  
NUTRITION &  
CONSTRUCTION

DRAMA

ENGLISH

GEOGRAPHY

Ambition, Determination, Excellence, Integrity, Kindness, Respect

# Our Curriculum

HOME → CURRICULUM AND LEARNING → SUBJECTS → ART & DESIGN AND PHOTOGRAPHY

## ART & DESIGN AND PHOTOGRAPHY

Here you will find an overview of our Art and Design and Photography curriculum in each year group:

**ART AND DESIGN AND PHOTOGRAPHY CURRICULUM  
MAP**

PDF



**ART AND DESIGN CURRICULUM (YEARS 7-11)**

PDF



**PHOTOGRAPHY CURRICULUM (YEARS 9-11)**

PDF



MENU 

### In This Section

▶ ART & DESIGN AND PHOTOGRAPHY

COMPUTING

DESIGN AND TECHNOLOGY, FOOD &  
NUTRITION & CONSTRUCTION

DRAMA

ENGLISH

GEOGRAPHY

HISTORY

MATHEMATICS

MODERN FOREIGN LANGUAGES

MUSIC

PHYSICAL EDUCATION

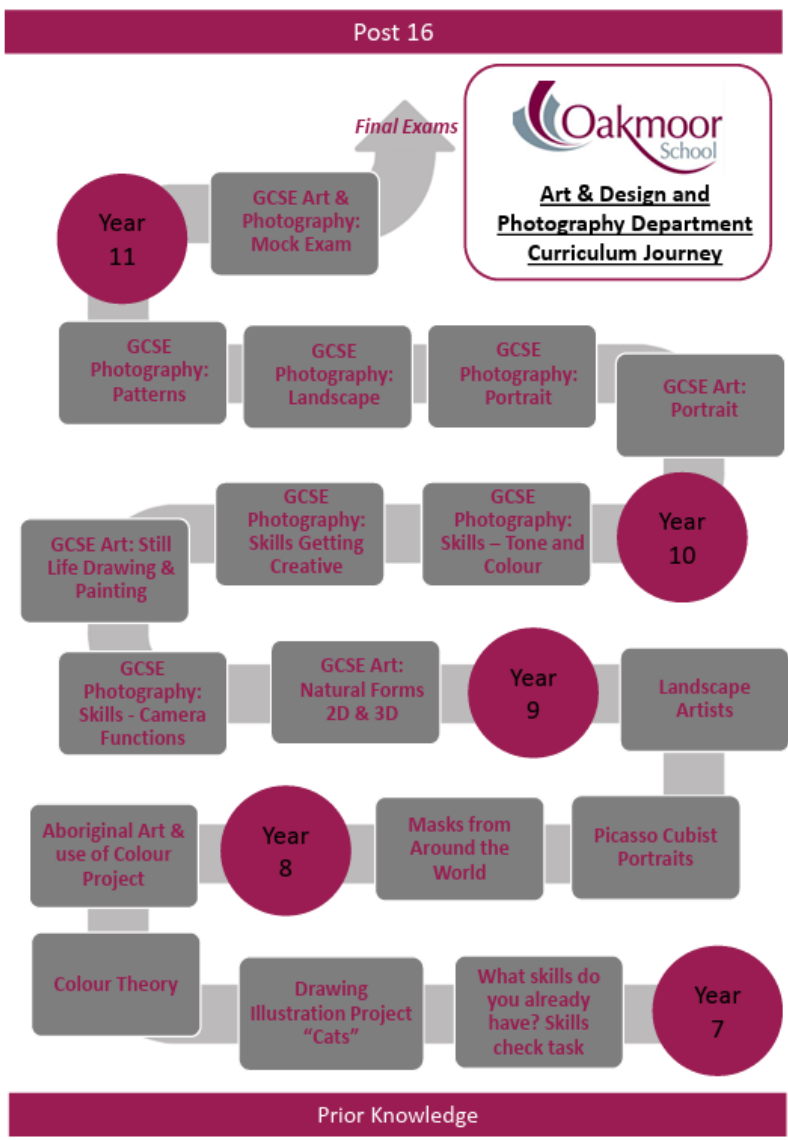
RELIGIOUS EDUCATION

SCIENCE

PSHE

FUTURES (YEAR 7 AND 8)

# Our Curriculum



[HOME](#) → [CURRICULUM AND LEARNING](#) → [CO-CURRICULAR & ENRICHMENT](#)

## CO-CURRICULAR & ENRICHMENT

Oakmoor offers a variety of lunchtime and after school extra-curricular activities along with various other activities including the Duke of Edinburgh Award Scheme and participating in numerous Sporting fixtures. For more information see below.

### In This Section

[DUKE OF EDINBURGH AWARD](#)

[EXTRA CURRICULAR CLUBS](#)

[PE EXTRA CURRICULAR AUTUMN 2025](#)

PDF



[CO-CURRICULAR LETTER- AUTUMN TERM 2025](#)

PDF



[AUTUMN TERM 2025 CO-CURRICULAR TIMETABLE](#)

PDF




# Enrichment and Co-Curricular

**Enrichment and Co-Curricular at Oakmoor**

Examples of Trips				
Year 7	Year 8	Year 9	Year 10	Year 11
<ul style="list-style-type: none"> <li>Cobnor Team Building Day</li> <li>Pantomime Trip</li> <li>Humanities Trip</li> </ul>	<ul style="list-style-type: none"> <li>Brand Hatch Trip</li> <li>Pantomime Trip</li> <li>Science STEM Trips</li> </ul>	<ul style="list-style-type: none"> <li>Imperial War Museum Trip</li> <li>DofE Expeditions</li> </ul>	<ul style="list-style-type: none"> <li>Tate Modern Art Trip</li> <li>Tower of London History Trip</li> <li>Disneyland Paris Trip</li> </ul>	<ul style="list-style-type: none"> <li>Geography Field Trip for GCSE students</li> <li>Disneyland Paris Trip</li> </ul>

Examples of Co-Curricular Clubs	
<ul style="list-style-type: none"> <li>All Years Boys and Girls Football</li> <li>All Years Girls Netball</li> <li>All Years Boys and Girls Basketball</li> <li>All Years Cricket Club</li> <li>All Years Boys Rugby Club</li> <li>All Years Badminton and Table Tennis</li> <li>All Years Rounders</li> </ul>	<ul style="list-style-type: none"> <li>Duke of Edinburgh Award</li> <li>Drama Club</li> <li>Choir Club</li> <li>History Club</li> <li>Chess Club</li> <li>Climate Leaders</li> <li>Homework Club</li> </ul>



**Enrichment Week, July 2025**

Enrichment week is where we offer a range of activities both onsite and offsite aimed at providing opportunities for students to explore new skills and experiences in a fun and supportive environment.

Offsite Trips			
Year 7	Year 8	Year 9	Year 10
<ul style="list-style-type: none"> <li>Marwell Zoo</li> <li>Legoland</li> </ul>	<ul style="list-style-type: none"> <li>Calshot residential</li> </ul>	<ul style="list-style-type: none"> <li>Go Ape</li> <li>Chessington World of Adventures</li> </ul>	<ul style="list-style-type: none"> <li>University of Chichester</li> <li>Thorpe Park</li> </ul>

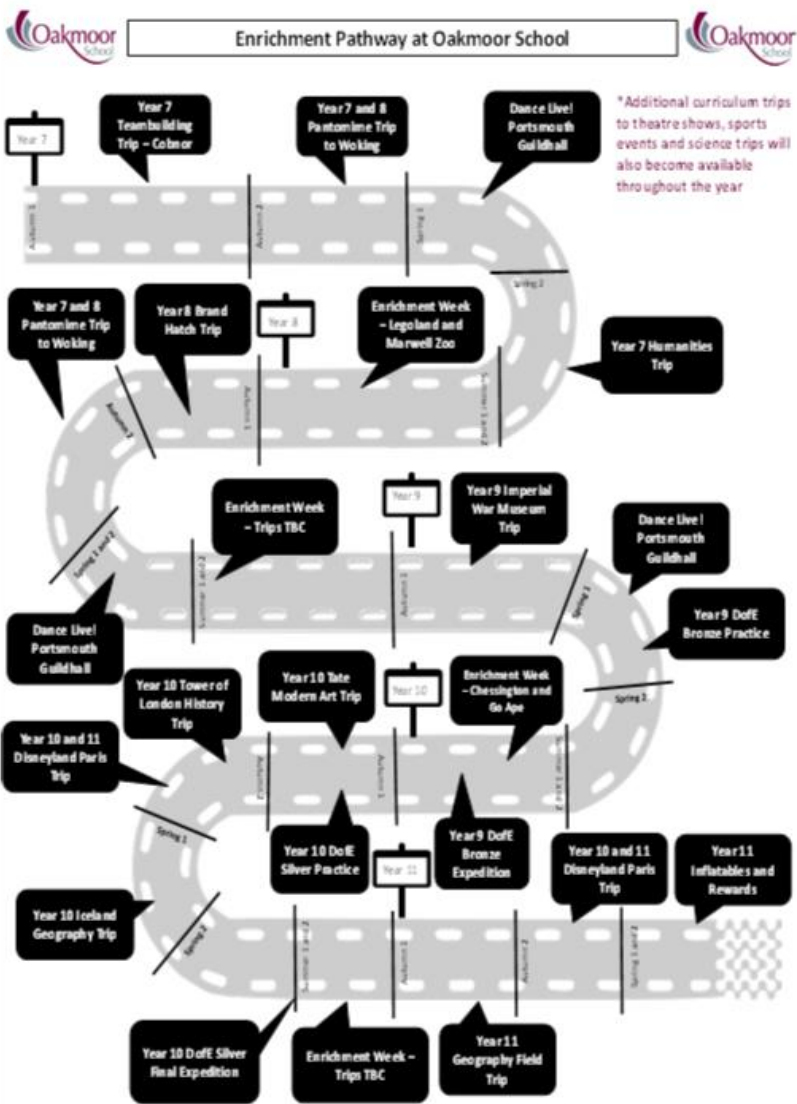
  

Examples of onsite activities	
<ul style="list-style-type: none"> <li>Video game coding</li> <li>Jewellery Making</li> <li>UCA Animation Workshop</li> <li>Board Games</li> <li>Multisport (CM Sports)</li> </ul>	<ul style="list-style-type: none"> <li>Orienteering</li> <li>DofE taster session</li> <li>Dance</li> <li>Film Watching</li> <li>All Day Team Building Activities</li> </ul>





# Enrichment and Co-Curricular



## Co-Curricular Timetable – Autumn Term 2024

Please sign up on Arbor if you would like to join these clubs

Club	Year Group(s)	Day(s)	When	Where	Who
Boys Football	7	Monday	3:00- 4:00pm training 5:30pm-Match days	Astro	Mr Beere & Mr Adame
Girls Football	7 and 8	Monday	3:00- 4:00pm	Astro	Mr Oliver
Netball	KS4	Monday	3:00- 4:00pm	Sports hall	Mrs Gardener & Miss Andrews
Boys Football	8	Tuesday	3:00- 4:00pm training 5:30pm-Match days	Astro	Mr Oliver
Netball	7 and 8	Tuesday	3:00-4:00pm	Sports hall	Ms Seddon & Miss Wright
Boys Football	9	Wednesday	3:00- 4:00pm training 5:30pm-Match days	Astro	Mr Oliver
Boys Football	10	Wednesday	3:00- 4:00pm	Astro	Mr Gashi
Boys Football	11	Thursday	3:00-4:00pm	Astro	Mr Oliver
Girls Football	KS4	Thursday	3:00-4:00pm	Astro	Miss Wright & Ms Seddon
BTEC Sport intervention	11	Friday	3:00-5:00pm	SO14	Mr Oliver
Morning running club	All	Friday	7:45-8:15am	PE	Mr Oliver
Badminton and table tennis	All	Friday	3:00-5:00pm	Sports Hall	Miss Wright & Miss Andrews
Boys Rugby	All	Friday	3:10- 4:00pm	Astro	Mr Bremner
Taekwondo	KS3 (12 students max £60 a term)	Thursday	3:15- 4:15pm	Activity studio	South Downs Taekwondo
Dance	All	Monday	3:00-4:00pm	Assembly hall	Miss Ferris Miss Cullen
Drama	7 & 8	Monday	3:00-4:00pm	Drama studio	Ms Boyd-Wallis
GCSE Drama rehearsals	11	Tuesday and Thursday	3:00-4:00pm	Drama studio	Ms Boyd-Wallis
Performing Arts open rehearsals	KS4	Friday	3:00- 3:45pm	Theatre/music	Miss Ferris Mrs Toombs
Art & Design	7 & 8	Tuesday (Week A)	3:00-3:45pm	SW01	Mrs Moral

# Reporting – Keeping you up to date with your child's progress

## Year 7

- December report – attitude to learning, home learning, values and attendance.
- March – parents' evening with subject teachers.
- June - full progress report with attitude to class learning, home learning, progress, values and attendance.

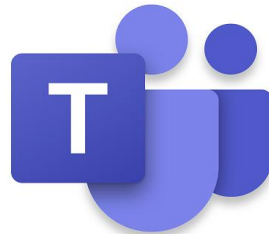
# Why is Home Learning Important?

- Home Learning links to what is happening in class and has been shown to accelerate student progress even further.
- Provides opportunities to make knowledge stick!
- Becoming a good **Independent Learner** provides you with skills for life.
- Develops a good attitude to learning and a good work ethic.
- Improves problems solving skills.

# How much homework can I expect to be doing each night?

Year 7 – 45 mins per night

Year 8 – 60 mins per night



## The journey so far...



- Worked in partnership with the Good Future Foundation.
- We have collated great practice across departments.
- Reviewed and updated the Computing Curriculum.
- Added opportunities to the PSHE curriculum.
- Agreed on processes for AI use in exams.

For our work with AI across our school, we have been awarded the AI Quality Mark at Bronze level in May.

## Use of AI as a learning tool

In Computing:

Y7 – AI and misinformation.

## Next steps

- We are not teaching students to be reliant on AI, but to make the right choices in any given situation.
- AI in the curriculum outside of Computing.
- **Workshop for families on how we use AI effectively .**

# Safeguarding

## What is Safeguarding?

Safeguarding means keeping a child safe from harm and abuse.

Safeguarding is the action to promote the welfare of children and protect them from harm.



# Safeguarding

## What do we do?

Every school must have  
a Designated  
Safeguarding Lead and  
deputies

Every school must offer  
clear procedures  
for staff to follow if they  
are concerned for a  
student.



# Safeguarding

## Who are we?



Designated  
Safeguarding  
Lead  
Mrs Evans

All staff are responsible  
for safeguarding a  
student.



Designated  
Safeguarding  
Officer  
Mrs Riva- Williams



DDSL  
Mr Wright



DDSL  
Mrs Conley-Harper



DDSL  
Mr Beere



DDSL  
Mrs Woodage



DDSL  
Mr Riley

# How Parents can Safeguard

- Keep conversations open
- Set healthy screen time and social media boundaries
- Encourage habits and balance: schoolwork, rest, hobbies and friends
- Model best practice for dealing with stress
- Please contact school if you are worried
- Look out for our safeguarding newsletters

# Why is wellbeing important?

Having good wellbeing can help you

- cope with everyday life
- manage stress and changes in your life
- make decisions
- understand and cope with lots of emotions
- have confidence and higher self-esteem
- build relationships with others
- enjoy things in your life
- build and develop your skills for life

Good wellbeing doesn't mean we feel good and happy all the time. It is normal to also feel sad, angry or low sometimes.



## Routine – Wellbeing

Good Sleep

Good food

School Work

Homework

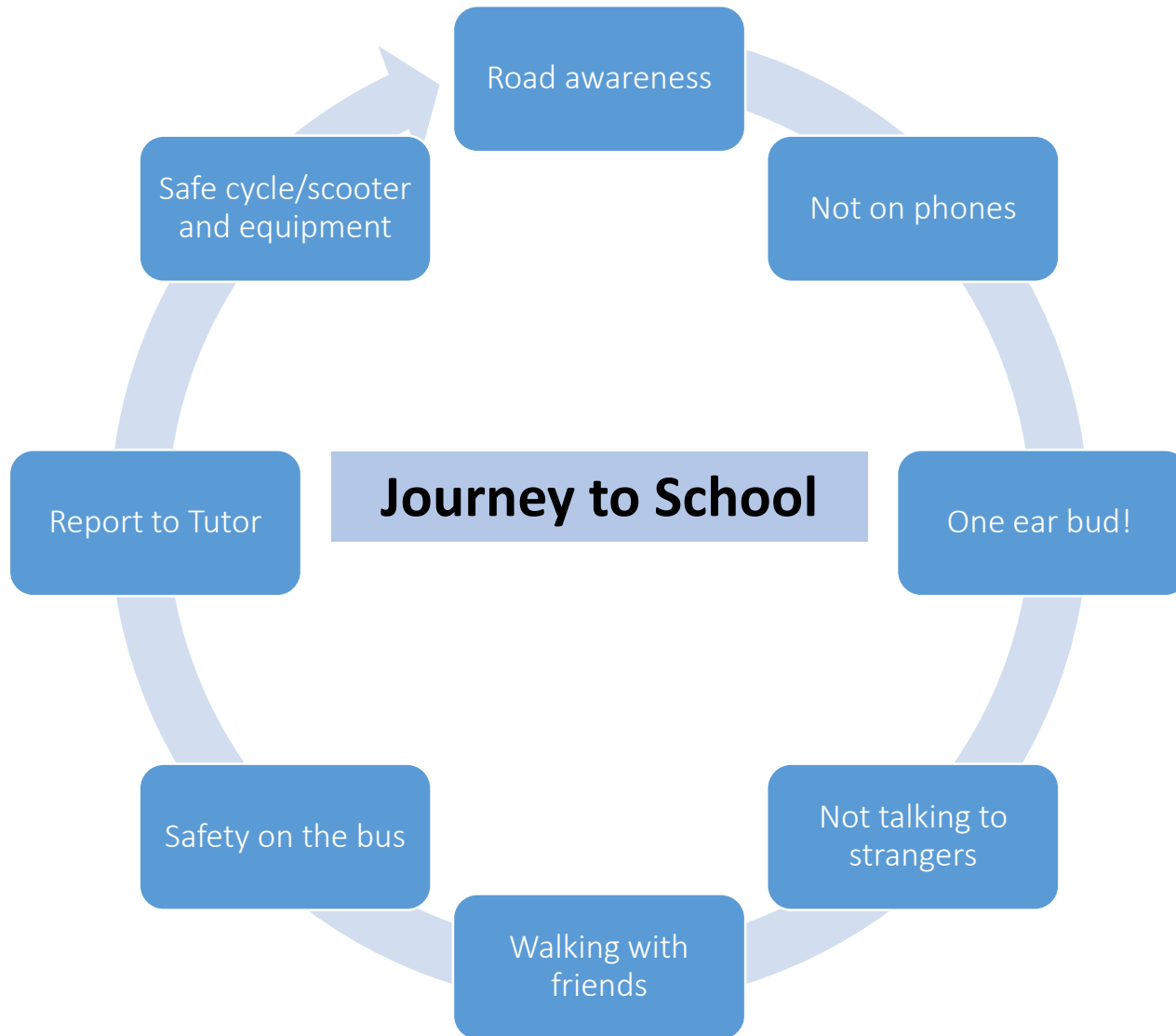
Balance

Care

Healthy Habits



# Travel Safety



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# Phone Safety

Phones should be off during the school day

Keep private information private

Understand how to manage social networking

Have an agreement on usage

Parental Controls



# Routine – Mobile Phones



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# Online Safety – Further Reading



## The influence of influencers

What you need to know about online influencers



Managing what your child sees online



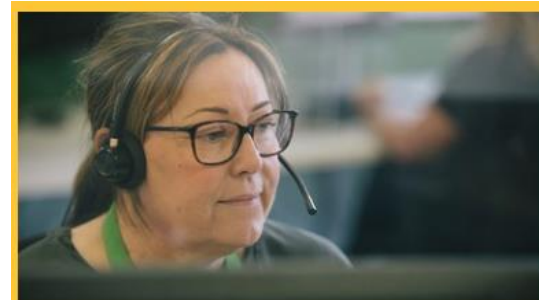
Is Snapchat safe for my child?



Report Remove - a tool for young people



Want to talk about it?  
Making space for conversations about life online



From cyberbullying to sharing nudes: what parents want to know

**NSPCC**

# Everyone Matters



**Ambition, Determination, Excellence, Integrity, Kindness, Respect**

# Working Towards Your Future

The more you put in now,  
the greater the opportunities to choose from!



**Ambition, Determination, Excellence, Integrity, Kindness, Respect**

# Thank you for listening

What's next this evening?

- An opportunity to meet with your child's Tutor
- Refreshments are available in the dining hall until 8:00pm.