

Year 10

Academic and wellbeing evening 2025



Ambition, Determination, Excellence, Integrity, Kindness, Respect

Evening Aims

To provide information on...

- How we can continue to work together to safeguard your/our children
- A picture of the whole school and subject specific curriculum at Oakmoor and what to expect for Year 9 and beyond
- Additional extra-curricular opportunities that will be available in the future which will extend learning and enrich the lives of our students
- Information on Post 16 pathways and procedures.
- A face-to-face meeting with your child's Tutor

Curriculum

Assistant Headteacher – Mr Beere



Our Vision



At Oakmoor our purpose is
excellence



We focus on being the best version
of ourselves to change our world
for the better

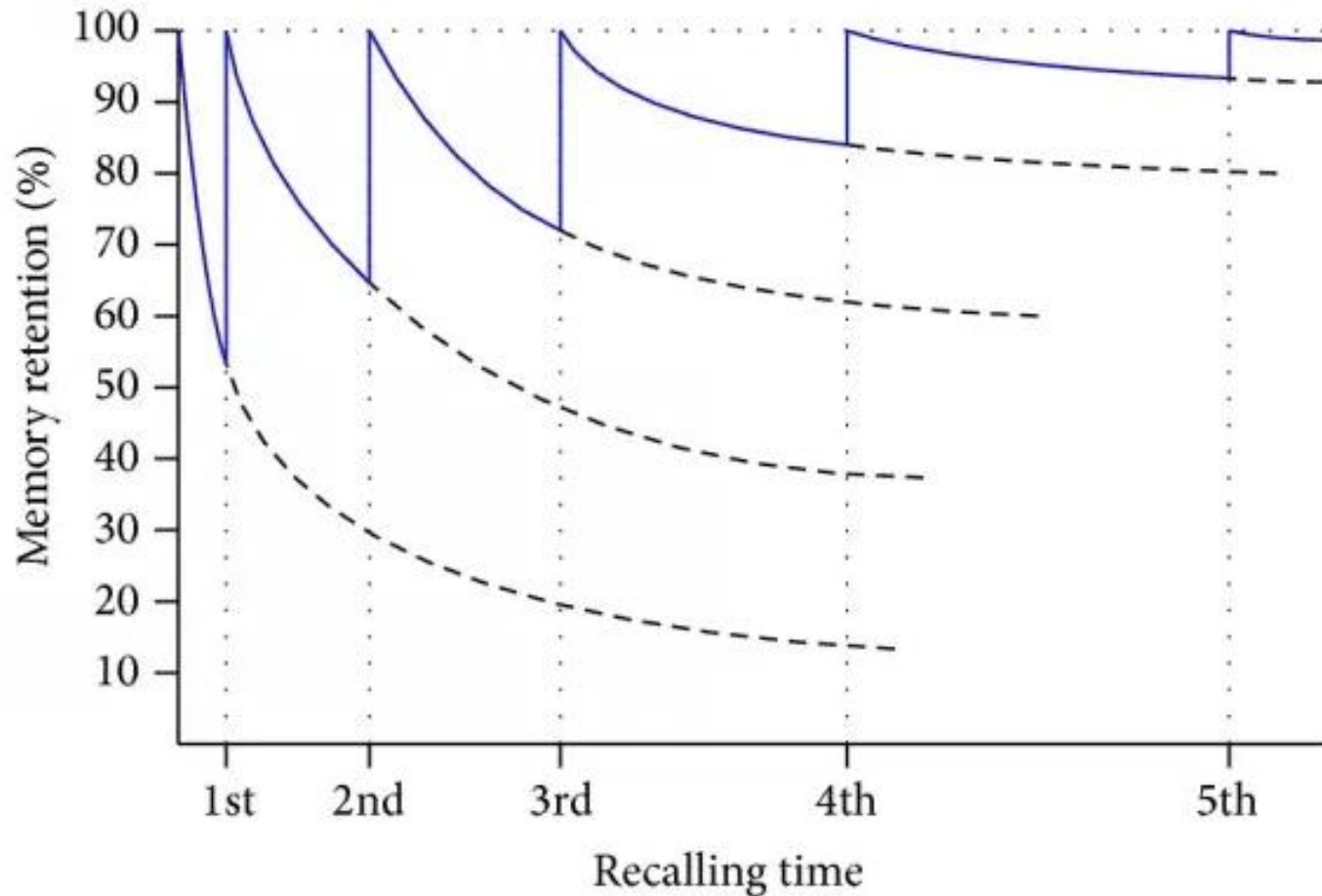


We take pride in everything we do
because we are proud to be part of
Team Oakmoor

Attendance

- **Excellent** attendance is linked to **high** achievement.
- Attending school, being with friends and other adults has a **positive impact on wellbeing.**
- Good attendance is **a life skill** and will be needed in the future, both within education and the world of work.

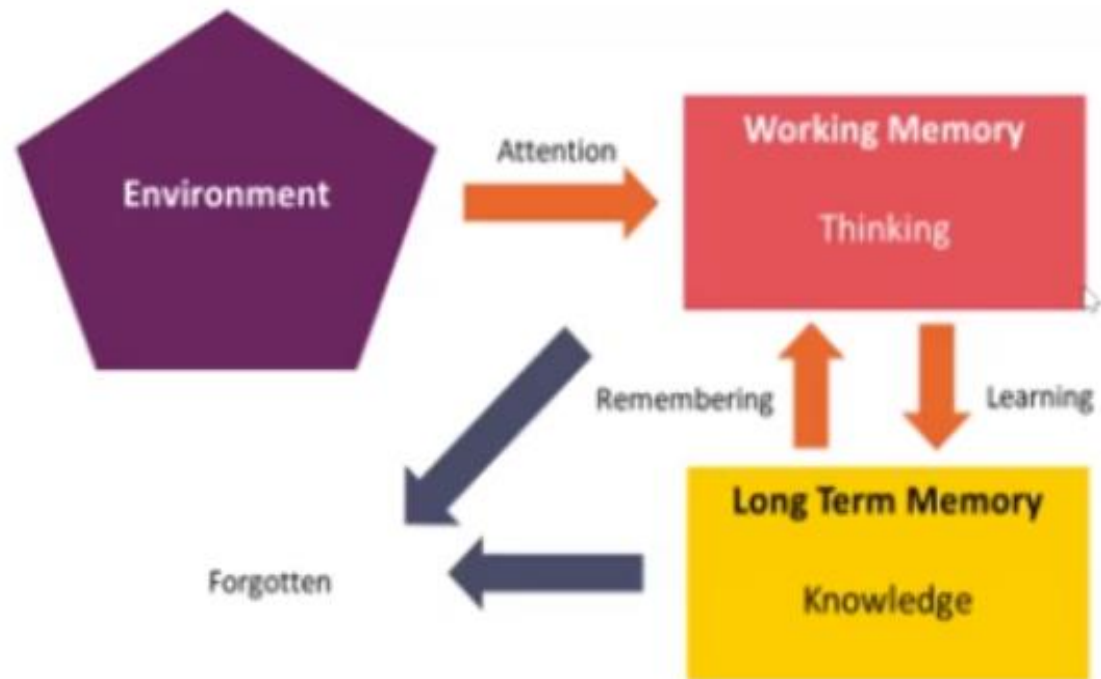
How we learn



- Ebbinghaus's Forgetting Curve

How we learn

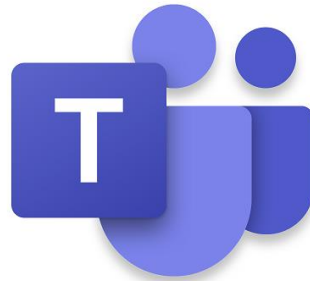
A simple model of memory



Willingham's simple model of memory (2009)

How much homework can I expect to be doing each night?

Years 9, 10 & 11 – 1hour 30mins per night

 Sparx Learning SENECA logo with a white starburst icon on a blue background. QUIZZZ UK logo with a stylized 'Q' and 'UK' text. CAROUSEL LEARNING logo with a green circular arrow icon and 'LEARNING' in an orange box.

UCL Beacon School for Holocaust Education

As a school we were awarded the Beacon School Quality Mark in Holocaust Education in 2023. Oakmoor is one of the leading schools in the country for this and we are proud of the education we provide for our students.

This includes:

- Holocaust Memorial Evening.
- “Being Jewish” – a Judaism Scheme of Work for Year 7.
- Holocaust Scheme of Work in Year 8 led by highly-trained Humanities teachers.
- Cross-curricular links in the majority of subjects including Arts, Drama, Computing, Music and MFL.
- A new Scheme of Work about Gaza and Israel taught in Year 11 RE.
- Enrichment opportunities including Year 9 Imperial War Museum Trip and Year 10 Trip to Krakow.
- Year 8 talk from a family member of a Holocaust Survivor using Generation2Generation.

Holocaust Memorial Evening
Monday 26 January 2026, 7-8pm



The journey so far...



- Worked in partnership with the Good Future Foundation.
- We have collated great practice across departments.
- Reviewed and updated the Computing Curriculum.
- Added opportunities to the PSHE curriculum.
- Agreed on processes for AI use in exams.

For our work with AI across our school, we have been awarded the AI Quality Mark at Bronze level in May.

Use of AI as a teaching tool

- AI will aid in planning and resourcing lessons.
- Working with Microsoft Copilot through the School Licence – none of the data input is used to train other AI models.
- Trials of AI to support marking. The teacher is still the one tailoring the feedback to the student.
- AI can help with tailoring the learning to specific student needs.

Use of AI as a learning tool

In Computing:

Y7 – AI and misinformation.

Y8 – What is AI, ethics, AI "creativity", when and how to use AI effectively.

In PSHE:

Year 9 – AI and exams – best practice.

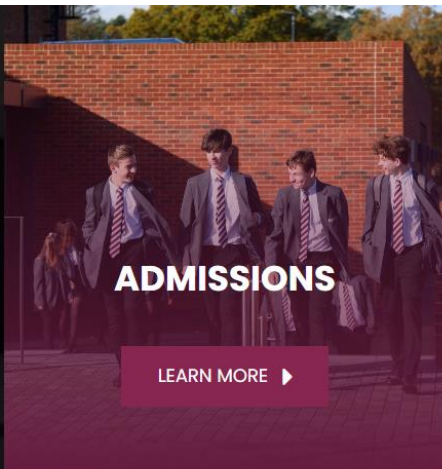
Year 10 – AI and the environment – making conscious decisions.

Year 11 – AI and the workplace – opportunities and threats.

Next steps

- AI is here to stay. We are not teaching students to be reliant on AI, but to make the right choices in any given situation.
- Continued teacher training as technology is evolving.
- **Workshop for families on how we use AI effectively.**
- AI in the curriculum outside of Computing.
- In Computing, introduction of an AI scale to help students make choices (full AI allowed, AI for ideas generation, AI to check work).

Our Curriculum



Navigation icons: Search, Home, Location, Globe, Facebook, Close X

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- OUR ACADEMY +
- KEY INFORMATION +
- SCHOOL LIFE +
- CURRICULUM AND LEARNING** +
- VACANCIES
- NEWS AND DATES +
- CONTACT US

Our Curriculum

HOME → CURRICULUM AND LEARNING

CURRICULUM AND LEARNING

Our Curriculum

We are committed to providing the best education for all our students through a broad and balanced curriculum which is personalised for particular needs. We believe this gives our students the best opportunity to succeed and achieve their potential, within school and beyond.

In This Section

[OUR CURRICULUM](#)

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[CO-CURRICULAR & ENRICHMENT](#)

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Our Curriculum

[HOME](#) → [CURRICULUM AND LEARNING](#) → [SUBJECTS](#)

SUBJECTS

MENU 

For details of the curriculum we teach at Oakmoor please have a look through this section, we have arranged our curriculum details into subjects to make it easier for you to view.

**ART & DESIGN
AND
PHOTOGRAPHY**

COMPUTING

**DESIGN AND
TECHNOLOGY,
FOOD &
NUTRITION &
CONSTRUCTION**

DRAMA

ENGLISH

GEOGRAPHY

Ambition, Determination, Excellence, Integrity, Kindness, Respect

Our Curriculum

HOME → CURRICULUM AND LEARNING → SUBJECTS → ART & DESIGN AND PHOTOGRAPHY

ART & DESIGN AND PHOTOGRAPHY

Here you will find an overview of our Art and Design and Photography curriculum in each year group:

**ART AND DESIGN AND PHOTOGRAPHY CURRICULUM
MAP**

PDF



ART AND DESIGN CURRICULUM (YEARS 7-11)

PDF



PHOTOGRAPHY CURRICULUM (YEARS 9-11)

PDF



MENU 

In This Section

▶ ART & DESIGN AND PHOTOGRAPHY

COMPUTING

DESIGN AND TECHNOLOGY, FOOD &
NUTRITION & CONSTRUCTION

DRAMA

ENGLISH

GEOGRAPHY

HISTORY

MATHEMATICS

MODERN FOREIGN LANGUAGES

MUSIC

PHYSICAL EDUCATION

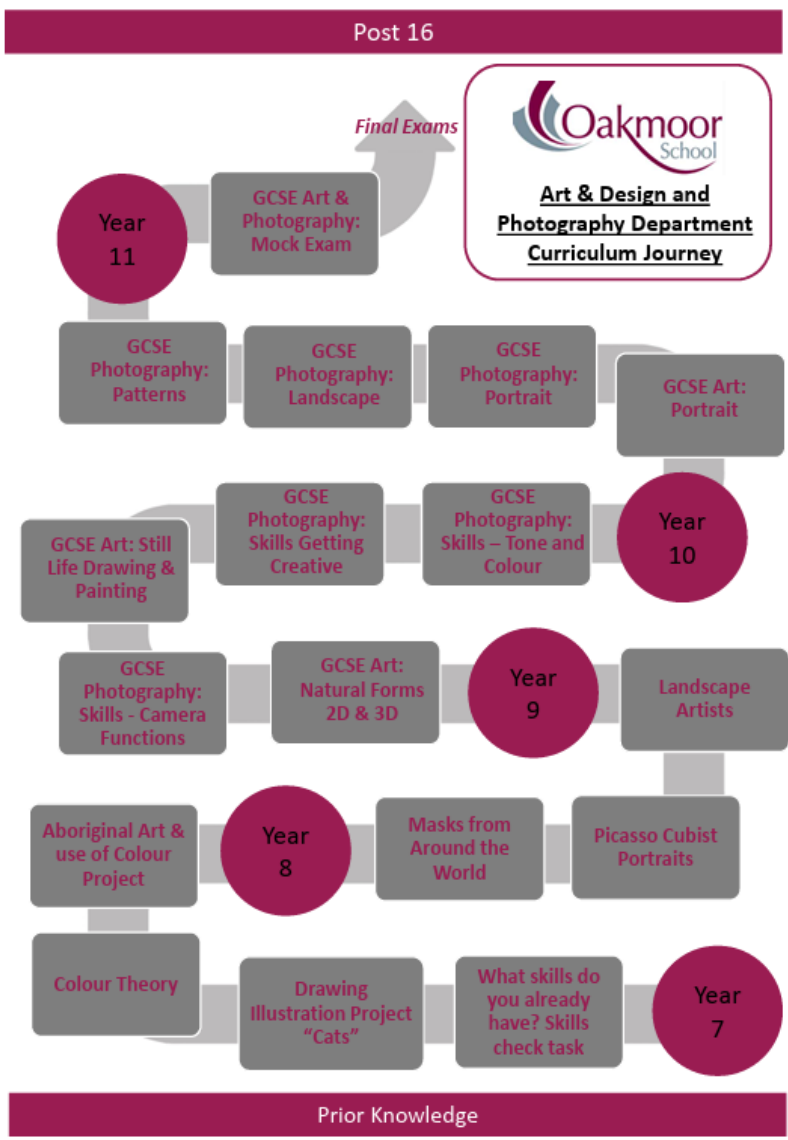
RELIGIOUS EDUCATION

SCIENCE

PSHE

FUTURES (YEAR 7 AND 8)

Our Curriculum



[HOME](#) → [CURRICULUM AND LEARNING](#) → [CO-CURRICULAR & ENRICHMENT](#)

CO-CURRICULAR & ENRICHMENT

Oakmoor offers a variety of lunchtime and after school extra-curricular activities along with various other activities including the Duke of Edinburgh Award Scheme and participating in numerous Sporting fixtures. For more information see below.

In This Section

[DUKE OF EDINBURGH AWARD](#)

[EXTRA CURRICULAR CLUBS](#)

[PE EXTRA CURRICULAR AUTUMN 2025](#)

PDF



[CO-CURRICULAR LETTER- AUTUMN TERM 2025](#)

PDF



[AUTUMN TERM 2025 CO-CURRICULAR TIMETABLE](#)

PDF




Enrichment and Co-Curricular

Enrichment and Co-Curricular at Oakmoor

Examples of Trips				
Year 7	Year 8	Year 9	Year 10	Year 11
<ul style="list-style-type: none"> Cobnor Team Building Day Pantomime Trip Humanities Trip 	<ul style="list-style-type: none"> Brand Hatch Trip Pantomime Trip Science STEM Trips 	<ul style="list-style-type: none"> Imperial War Museum Trip DofE Expeditions 	<ul style="list-style-type: none"> Tate Modern Art Trip Tower of London History Trip Disneyland Paris Trip 	<ul style="list-style-type: none"> Geography Field Trip for GCSE students Disneyland Paris Trip

Examples of Co-Curricular Clubs	
<ul style="list-style-type: none"> All Years Boys and Girls Football All Years Girls Netball All Years Boys and Girls Basketball All Years Cricket Club All Years Boys Rugby Club All Years Badminton and Table Tennis All Years Rounders 	<ul style="list-style-type: none"> Duke of Edinburgh Award Drama Club Choir Club History Club Chess Club Climate Leaders Homework Club



Enrichment Week, July 2025

Enrichment week is where we offer a range of activities both onsite and offsite aimed at providing opportunities for students to explore new skills and experiences in a fun and supportive environment.

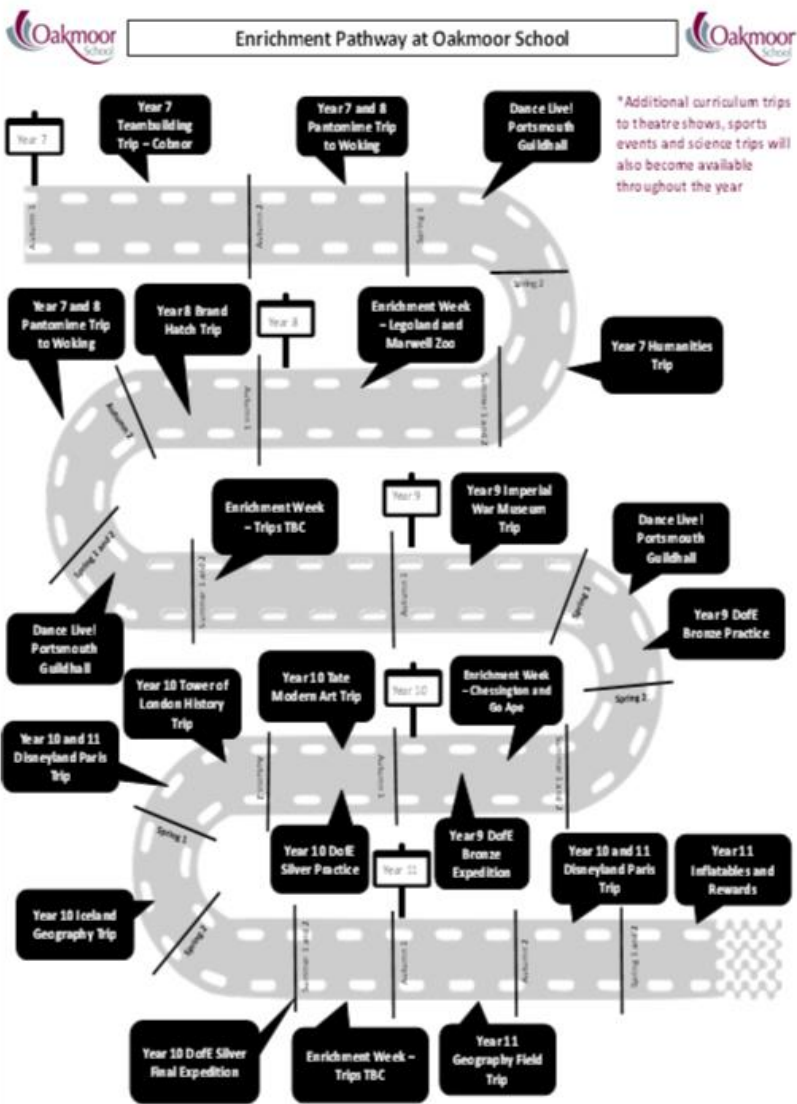
Offsite Trips			
Year 7	Year 8	Year 9	Year 10
<ul style="list-style-type: none"> Marwell Zoo Legoland 	<ul style="list-style-type: none"> Calshot residential 	<ul style="list-style-type: none"> Go Ape Chessington World of Adventures 	<ul style="list-style-type: none"> University of Chichester Thorpe Park

Examples of onsite activities	
<ul style="list-style-type: none"> Video game coding Jewellery Making UCA Animation Workshop Board Games Multisport (CM Sports) 	<ul style="list-style-type: none"> Orienteering DofE taster session Dance Film Watching All Day Team Building Activities





Enrichment and Co-Curricular



Co-Curricular Timetable – Autumn Term 2024

Please sign up on Arbor if you would like to join these clubs

Club	Year Group(s)	Day(s)	When	Where	Who
Boys Football	7	Monday	3:00- 4:00pm training 5:30pm-Match days	Astro	Mr Beere & Mr Adame
Girls Football	7 and 8	Monday	3:00- 4:00pm	Astro	Mr Oliver
Netball	KS4	Monday	3:00- 4:00pm	Sports hall	Mrs Gardener & Miss Andrews
Boys Football	8	Tuesday	3:00- 4:00pm training 5:30pm-Match days	Astro	Mr Oliver
Netball	7 and 8	Tuesday	3:00-4:00pm	Sports hall	Ms Seddon & Miss Wright
Boys Football	9	Wednesday	3:00- 4:00pm training 5:30pm-Match days	Astro	Mr Oliver
Boys Football	10	Wednesday	3:00- 4:00pm	Astro	Mr Gashi
Boys Football	11	Thursday	3:00-4:00pm	Astro	Mr Oliver
Girls Football	KS4	Thursday	3:00-4:00pm	Astro	Miss Wright & Ms Seddon
BTEC Sport intervention	11	Friday	3:00-5:00pm	SO14	Mr Oliver
Morning running club	All	Friday	7:45-8:15am	PE	Mr Oliver
Badminton and table tennis	All	Friday	3:00-5:00pm	Sports Hall	Miss Wright & Miss Andrews
Boys Rugby	All	Friday	3:10- 4:00pm	Astro	Mr Bremner
Taekwondo	KS3 (12 students max £60 a term)	Thursday	3:15- 4:15pm	Activity studio	South Downs Taekwondo
Dance	All	Monday	3:00-4:00pm	Assembly hall	Miss Ferris Miss Cullen
Drama	7 & 8	Monday	3:00-4:00pm	Drama studio	Ms Boyd-Wallis
GCSE Drama rehearsals	11	Tuesday and Thursday	3:00-4:00pm	Drama studio	Ms Boyd-Wallis
Performing Arts open rehearsals	KS4	Friday	3:00- 3:45pm	Theatre/music	Miss Ferris Mrs Toombs
Art & Design	7 & 8	Tuesday (Week A)	3:00-3:45pm	SW01	Mrs Moral

Mrs Conley-Harper – preparing for exams



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Journey through Year 10



Reporting – keeping you up to date with your child's progress

- Autumn term – check in on attitude to learning, home learning, values and attendance.
- Spring term – parents' evening with subject teachers.
- Summer term - full progress report with attitude to class learning, home learning, progress, values and attendance.

Supporting learning

Revision

SharePoint

Revision
workshops

Three step
revision

After school
intervention

Attendance

**Class
learning**

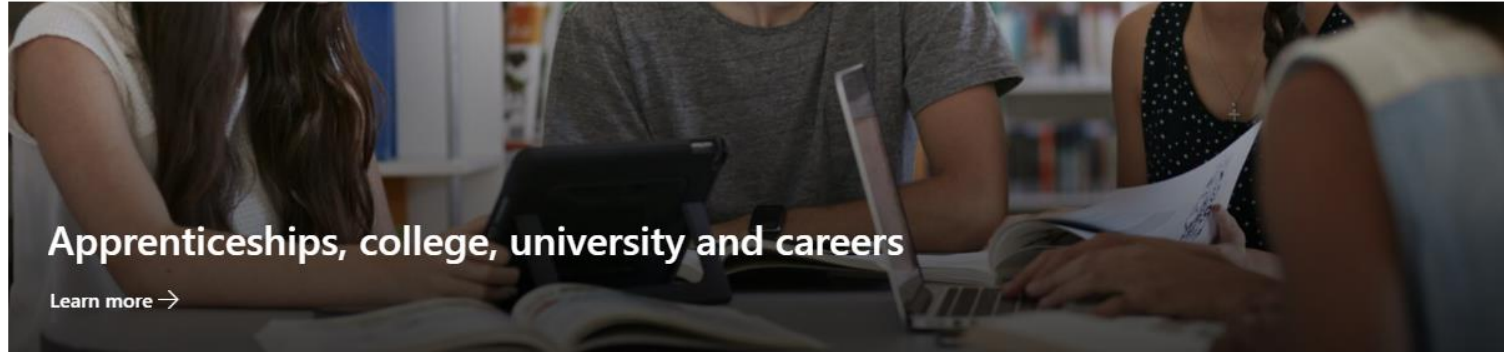
**Home
learning**

**Higher attendance=
higher grades**

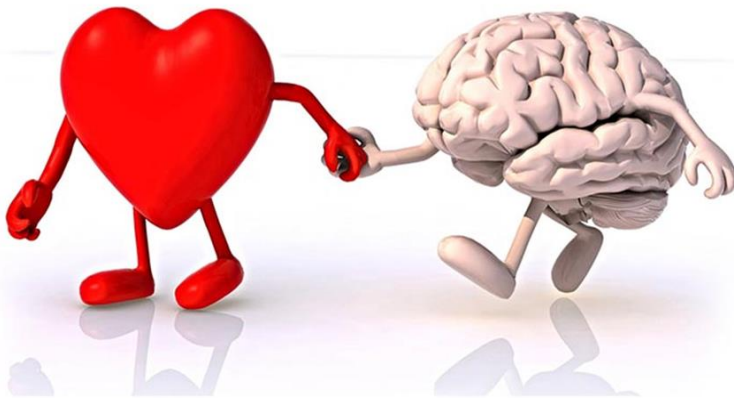
Live by our Values

**Homework increases
achievement
1.5 hours a night**

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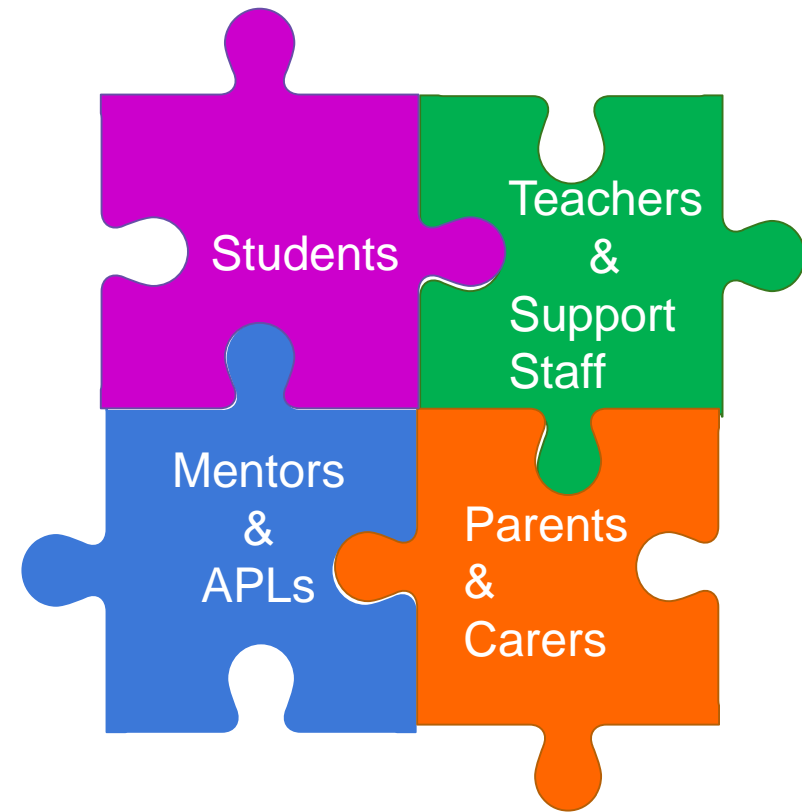


Year 10 wellbeing



- Positive thinking/growth mindset
- Sleep
- Exercise/balanced diet/water
- Relaxation, regular breaks
- Fresh air – get outdoors
- Social time
- Talking

What can you do at home?



- **Work with us.**
- **Look after yourselves too!**
- **Keep talking.**
- **Provide the quiet workspace.**
- **Monitor wellbeing and balance.**
- **Keep in touch.**

Safeguarding

Assistant Headteacher – Mrs Evans



Safeguarding our Young People

- Safeguarding is protecting children from harm and promoting wellbeing
- Our young humans face increasingly more concerning risks as their independence grows
- Partnership: School + Parents + Community



Key Risks

- Online Risks: cyberbullying, sexting, exposure to harmful content
- Peer Relationships: pressure, consent and exploitation
- Mental Health: stress, anxiety, self-harm
- Substance Use: vaping, alcohol, drugs
- Exam and School Pressure: disengagement, low attendance



Warning Signs

- Sudden behavioural or mood changes
- Withdrawal from family and friends
- A drop in wanting to attend school
- A drop in achievement or motivation for learning
- Secretive online behaviours
- Unexplained gifts or money



How Oakmoor Safeguards

- Trained Designated Safeguarding Lead, Designated Safeguarding Officer and Team
- Clear reporting and support teams
- Education, PSHE, online safety, healthy relationships
- Partnerships with external agencies: Police, CAMHS and children's services.

Safeguarding

Who are we?



Designated
Safeguarding
Lead
Mrs Evans

All staff are responsible
for safeguarding a
student.



Designated
Safeguarding
Officer
Mrs Riva- Williams



DDSL
Mr Wright



DDSL
Mrs Conley-Harper



DDSL
Mr Beere



DDSL
Mrs Woodage



DDSL
Mr Riley

How Parents can Safeguard

- Keep conversations open
- Set healthy screen time and social media boundaries
- Encourage habits and balance: schoolwork, rest, hobbies and friends
- Model best practice for dealing with stress
- Please contact school if you are worried
- Look out for our safeguarding newsletters

Devices

What are they using it for?

Who pays the bill?

Healthy Routines!

Productivity apps!

Phone down time!



Routine – Mobile Phones



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Latest Concerns

County lines – girls are being targeted. Fake tan, eye lashes, acrylic nails offered to lure children.

Online AI generated content – incredibly realistic.

Sextortion – sometimes linked to AI and can include demands for money or real images

Online Influence – extremist groups are targeting vulnerable teenagers.

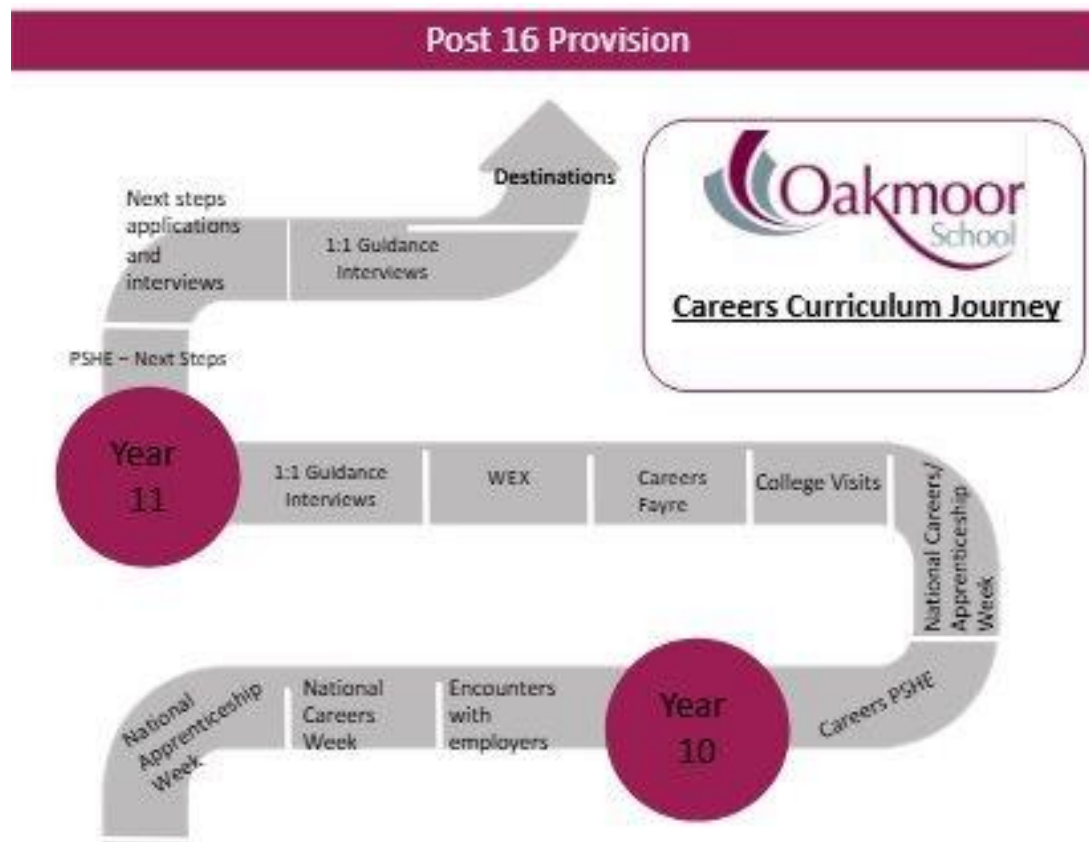
Wellbeing – AI chat used daily by teenagers

Online Safety



Post 16 and careers

Assistant Headteacher - Mrs Woodage



Work experience

Aim to enhance knowledge and understanding of a specific industry

Support the development of essential skills for employment

W/C 18 May 2026
1 week placement



Own placement – Friends/family/local business

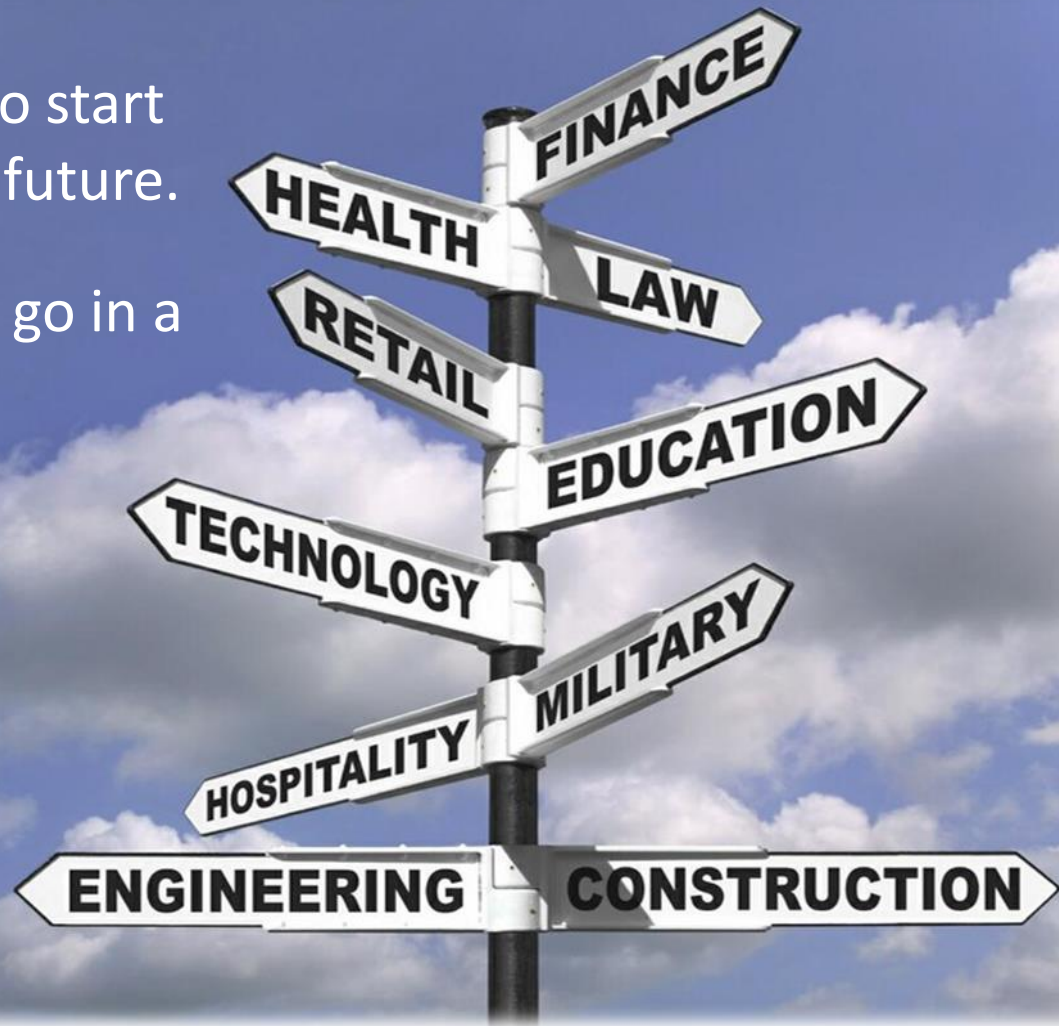
Deadline for paperwork submission – **2 Feb 2026**

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Where next?

It's never too early to start thinking about your future.

It's never too late to go in a different direction.



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Transition to post 16



Farnborough College
of Technology



HAVANT &
SOUTH DOWNS
COLLEGE



Where to look for careers support

[HOME](#) → [KEY INFORMATION](#) → [CAREERS](#)

CAREERS

Welcome to our Careers section.

Our Careers Lead is Mrs Woodage, who can be contacted as follows:

Email: enquiries@oakmoor.hants.sch.uk

Telephone: 01420 472132

Please use the navigation on the right-hand side to access further careers information.

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[CAREERS POLICY & PROGRAMME](#)

[COLLEGE OPEN EVENT POSTERS
2025/26](#)

[IN YEAR OPPORTUNITIES](#)

[INFORMATION FOR STUDENTS &
PARENTS](#)

[THE GATSBY BENCHMARKS](#)

[WORK EXPERIENCE](#)

Thank you for listening

What's next this evening?

- An opportunity to meet with your child's Tutor.
- Refreshments are available in the dining hall until 8:00pm.