

	Lesson 1	Lesson 2	Lesson 3	Lesson 4
7B	Week A - Tues P1 - HWR	Week A - Fri P1 - DOL	Week B - Wed P1 - HWR	Week B - Thurs P1 - DOL
Autumn 1	Health & Fitness / Skills	Badminton	Badminton	Health Fitness / Skills
Autumn 2	Basketball	Basketball	Fitness	Fitness
Spring 1	Gymnastics	Gymnastics	Tag Rugby	Tag Rugby
Spring 2	Hockey	Mini Tennis	Tennis	Hockey
Summer 1	Athletics	Striking & Fielding	Athletics	Athletics
Summer 2	Athletics & Year 8 Preparations			
7G	Week A - Mon P1 - CSE	Week A - Tues P4 - CSE	Week B - Mon P5 - CSE	Week B - Wed P2 - BAN
Autumn 1	Badminton	Health & Fitness / Skills	Badminton	Health & Fitness / Skills
Autumn 2*	Basketball	Basketball	Fitness	Fitness
Spring 1	Gymnastics	Gymnastics	Tag Rugby	Tag Rugby
Spring 2	Tennis	Hockey	Tennis	Hockey
Summer 1	Striking & Fielding	Athletics	Athletics	Athletics
Summer 2	Athletics & Year 8 Preparations			
7O	Week A - Tues P4 - SGA	Week A - Fri P1 - SGA	Week B - Mon P3 - HWR	Week B - Wed P2 - HWR
Autumn 1	Health & Fitness / Skills	Badminton	Health & Fitness	Badminton
Autumn 2	Fitness	Fitness	Basketball	Basketball
Spring 1	Tag Rugby	Tag Rugby	Gymnastics	Gymnastics
Spring 2	Hockey	Tennis	Hockey	Tennis
Summer 1	Athletics	Striking & Fielding	Athletics	Athletics
Summer 2	Athletics & Year 8 Preparations			
7P	Week A - Mon P1 - HWR	Week A - Tues P4 - DOL	Week B - Tues P2 - HWR	Week B - Wed - P3 - HWR
Autumn 1	Health & Fitness / Skills	Badminton	Badminton	Health & Fitness
Autumn 2	Basketball	Basketball	Fitness	Fitness
Spring 1	Tag Rugby	Tag Rugby	Gymnastics	Gymnastics
Spring 2	Hockey	Tennis	Tennis	Hockey
Summer 1	Striking & Fielding	Athletics	Athletics	Athletics
Summer 2	Athletics & Year 8 Preparations			
7P 1	Week A - Mon P4 - DOL	Week A - Thurs P1 - DOL	Week B - Mon P3 - BAN	Week B - Wed P1 - BAN
Autumn 1	Health & Fitness	Badminton	Badminton	Health & Fitness / Skills
Autumn 2*	Basketball	Basketball	Fitness	Fitness
Spring 1	Gymnastics	Gymnastics	Tag Rugby	Tag Rugby
Spring 2	Hockey	Tennis	Tennis	Hockey
Summer 1	Athletics	Striking & Fielding	Athletics	Athletics
Summer 2	Athletics & Year 8 Preparations			
7R	Week A - Mon P4 - BAN	Week A - Thurs P1 - CSE	Week B - Mon P5 - BAN	Week B - Thurs P1 - CSE
Autumn 1	Badminton	Health & Fitness / Skills	Health & Fitness	Badminton
Autumn 2*	Fitness	Fitness	Basketball	Basketball
Spring 1	Tag Rugby	Tag Rugby	Gymnastics	Gymnastics
Spring 2	Tennis	Hockey	Hockey	Tennis
Summer 1	Athletics	Striking & Fielding	Athletics	Athletics
Summer 2	Athletics & Year 8 Preparations			
7Y	Week A - Tues P1 - CSE	Week A - Thurs P1 - HWR	Week B - Tues P2 - CSE	Week B - Wed P3 - CSE
Autumn 1	Badminton	Health & Fitness / Skills	Health & Fitness	Badminton
Autumn 2*	Fitness	Fitness	Basketball	Basketball
Spring 1	Tag Rugby	Tag Rugby	Gymnastics	Gymnastics
Spring 2	Tennis	Hockey	Hockey	Tennis
Summer 1	Striking & Fielding	Athletics	Athletics	Athletics
Summer 2	Athletics & Year 8 Preparations			