

Year 10 Options Curriuclum

	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Staff	Facilities Available
10B1	Week A - Tues P2 - CSE	Week A - Thurs P4 - DOL	Week B - Tues P4 - SGA	Week B - Fri P2 - SGA	SGA/DOL/CSE	
10B2	Week A - Tues P2 - BAN	Week A - Thurs P4 - BAN	Week B - Tues P4 - BAN	Week B - Fri P2 - BAN	BAN	
10B3	Week A - Tues P2 - HWR	Week A - Thurs P4 - HWR	Week B - Tues P4 - HWR	Week B - Fri P2 - HWR	HWR	
10B4	Week A - Mon P3 - BAN	Week A - Wed P4 - BAN	Week B - Mon P1 - BAN	Week B - Wed P5 - BAN	BAN	
10B5	Week A - Mon P3 - HWR	Week A - Wed P4 - HWR	Week B - Mon P1 - HWR	Week B - Wed P5 - SGA	HWR/SGA	
10B6	Week A - Mon P3 - LAD	Week A - Wed P4 - SGA	Week B - Mon P1 - DOL	Week B - Wed P5 - DOL	DOL/SGA/LAD	

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
10B1/2/3	7 Weeks	7 Weeks	6 Weeks	5 Weeks	6 Weeks	8 Weeks
Boys - Block 1	1. Invasion (Football)	3. Invasion (Basketball)	1. Net Games (Table Tennis)	3. Invasion (Football)	1. Athletics	3. Athletics / Options
Boys - Block 2	2. (Fitness)	4. Net Games (Badminton)	2. Invasion (Rugby)	4. Net (Tennis)	Striking & Fielding	4. Options
Girls - Block 1	1. Invasion (Netball)	3. Invasion (Football)	1. Gymnastics	3. Invasion (Netball) (SH)	1. Athletics	3. Athletics / Options
Girls - Block 2	2. Net Games (Badminton)	4. Fitness	2. Dance	4. Net Games (Volleyball)	Striking & Fielding	4. Options
Mixed - Block 2	1. Net Games (Badminton)	3. Fitness	1. Net Games (Netball)	3. Net Games (Tennis) (M)	1. Athletics	3. Athletics / Options
Mixed - Block 3	2. Invasion - Football	4. Invasion - Basketball	2. Net (Volleyball)	4. Striking & Fielding	Striking & Fielding	4. Options

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
10B4/5/6	7 Weeks	7 Weeks	6 Weeks	5 Weeks	6 Weeks	8 Weeks
Boys - Block 1	1. Invasion (Football)	3. Invasion (Basketball)	1. Net Games (Table Tennis)	3. Invasion (Football)	1. Athletics	3. Athletics / Options
Boys - Block 2	2. (Fitness)	4. Net Games (Badminton)	2. Invasion (Rugby)	4. Net (Tennis)	Striking & Fielding	4. Options
Girls - Block 1	1. Invasion (Netball)	3. Invasion (Football)	1. Gymnastics	3. Invasion (Netball) (SH)	1. Athletics	3. Athletics / Options
Girls - Block 2	2. Net Games (Badminton)	4. Fitness	2. Dance	4. Net Games (Volleyball)	Striking & Fielding	4. Options
Mixed - Block 2	1. Net Games (Badminton)	3. Fitness	1. Net Games (Netball)	3. Net Games (Tennis) (M)	1. Athletics	3. Athletics / Options
Mixed - Block 3	2. Invasion - Football	4. Invasion - Basketball	2. Net (Volleyball)	4. Striking & Fielding	Striking & Fielding	4. Options