

Year 8

Academic and Wellbeing Evening 2026

Ambition, Determination, Excellence, Integrity, Kindness, Respect

Evening Aims

To provide information on...

- ☐ How we can continue to work together to safeguard your/our children
- ☐ A picture of the whole school and subject specific curriculum at Oakmoor and what to expect for Year 8
- ☐ Additional extra-curricular opportunities that will be available in the future which will extend learning and enrich the lives of our students
- ☐ A face-to-face meeting with your child's Tutor

Our Vision



At Oakmoor our purpose is
excellence



We focus on being the best version
of ourselves to change our world
for the better



We take pride in everything we do
because we are proud to be part of
Team Oakmoor

Ambition, Determination, Excellence, Integrity, Kindness, Respect

Our Values



AMBITION

We have high expectations not only for ourselves but also for our community, and work towards those goals with enthusiasm and perseverance.



DETERMINATION

Mistakes are learning opportunities. We never give up on our learning because when we work hard we achieve amazing results.



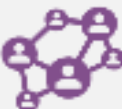
EXCELLENCE

Success is a journey not a destination. We focus on controlling the controllables and being the best versions of ourselves.



INTEGRITY

We do the right thing because it is the right thing to do (especially when no one is watching). We are kind to everyone.



KINDNESS

We create a positive and supportive learning environment where students feel safe and valued. We show empathy and understanding towards all students, regardless of their background or abilities.

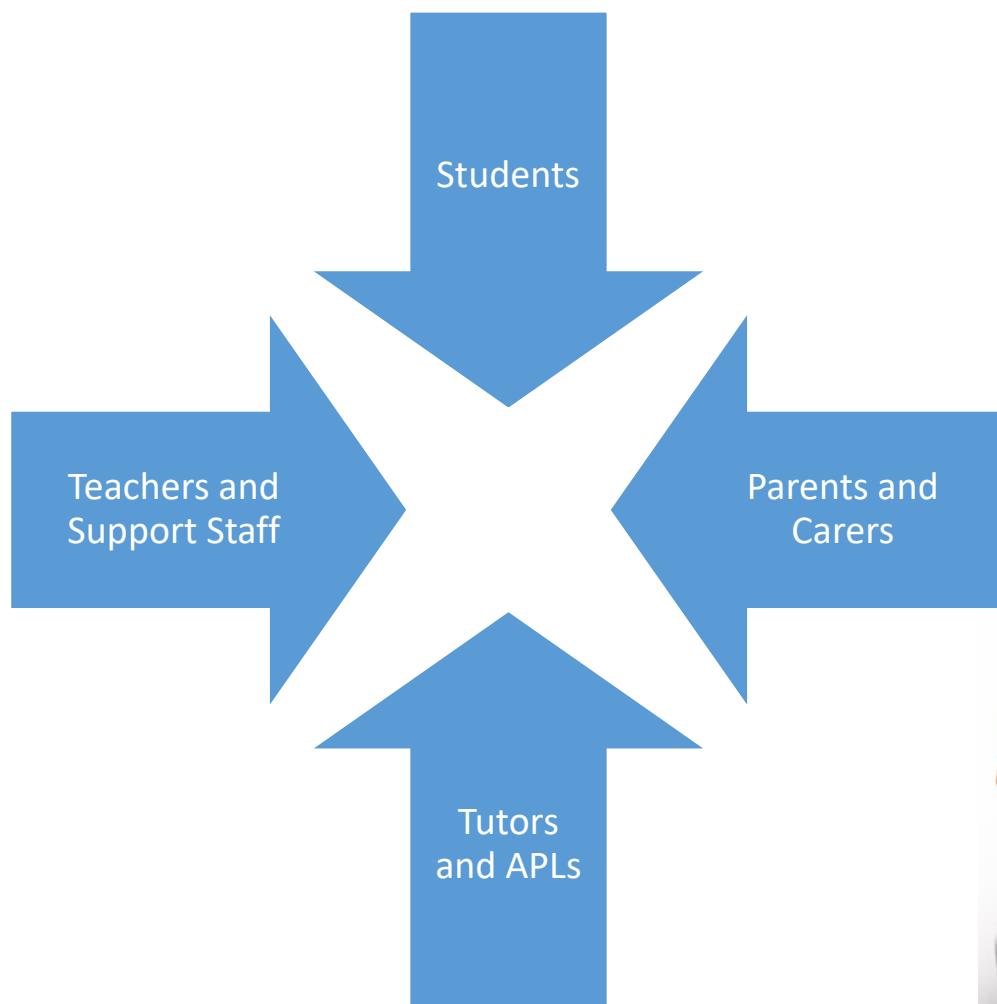


RESPECT

We treat others in our community as we wish to be treated through courtesy and professionalism. We always follow instructions: first time, every time.

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Team Oakmoor



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Attendance

- **Excellent** attendance is linked to **high** achievement.
- Students with a higher percentage attendance **achieve better grades.**
- Attending school, being with friends and other adults has a **positive impact on wellbeing.**
- Good attendance is **a life skill** and will be needed in the future, both within education and the world of work.

The Start of the Day

- Community Congregation, phone pouch in hand.
- Tutor time.
- Assemblies.
- Personal, Social, Health and Economic Education (PSHE).
- The 'Oakmoor Reads' Programme.

Class Learning

Key Stage 3

English –	8
Mathematics –	8
Science –	8
Futures –	1
Technology –	2
Computing –	2
MFL –	3
History –	3
Geography –	3
Physical Education –	4
Religious Education –	2
Art –	2
Performing Arts –	4

Key Stage 4

English
Mathematics
Science
Option 1
Option 2
Option 3
Option 4

Non-examined content

Physical Education
Religious Education

Total number of lessons = 50 over
two weeks

Our Curriculum

[HOME](#) → [CURRICULUM AND LEARNING](#) → [SUBJECTS](#)

SUBJECTS

MENU 

For details of the curriculum we teach at Oakmoor please have a look through this section, we have arranged our curriculum details into subjects to make it easier for you to view.

**ART & DESIGN
AND
PHOTOGRAPHY**

COMPUTING

**DESIGN AND
TECHNOLOGY,
FOOD &
NUTRITION &
CONSTRUCTION**

DRAMA

ENGLISH

GEOGRAPHY

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Our Curriculum

HOME → CURRICULUM AND LEARNING → SUBJECTS → ART & DESIGN AND PHOTOGRAPHY

ART & DESIGN AND PHOTOGRAPHY

Here you will find an overview of our Art and Design and Photography curriculum in each year group:

ART AND DESIGN AND PHOTOGRAPHY CURRICULUM
MAP

PDF



ART AND DESIGN CURRICULUM (YEARS 7-11)

PDF



PHOTOGRAPHY CURRICULUM (YEARS 9-11)

PDF



MENU



In This Section

▶ ART & DESIGN AND PHOTOGRAPHY

COMPUTING

DESIGN AND TECHNOLOGY, FOOD &
NUTRITION & CONSTRUCTION

DRAMA

ENGLISH

GEOGRAPHY

HISTORY

MATHEMATICS

MODERN FOREIGN LANGUAGES

MUSIC

PHYSICAL EDUCATION

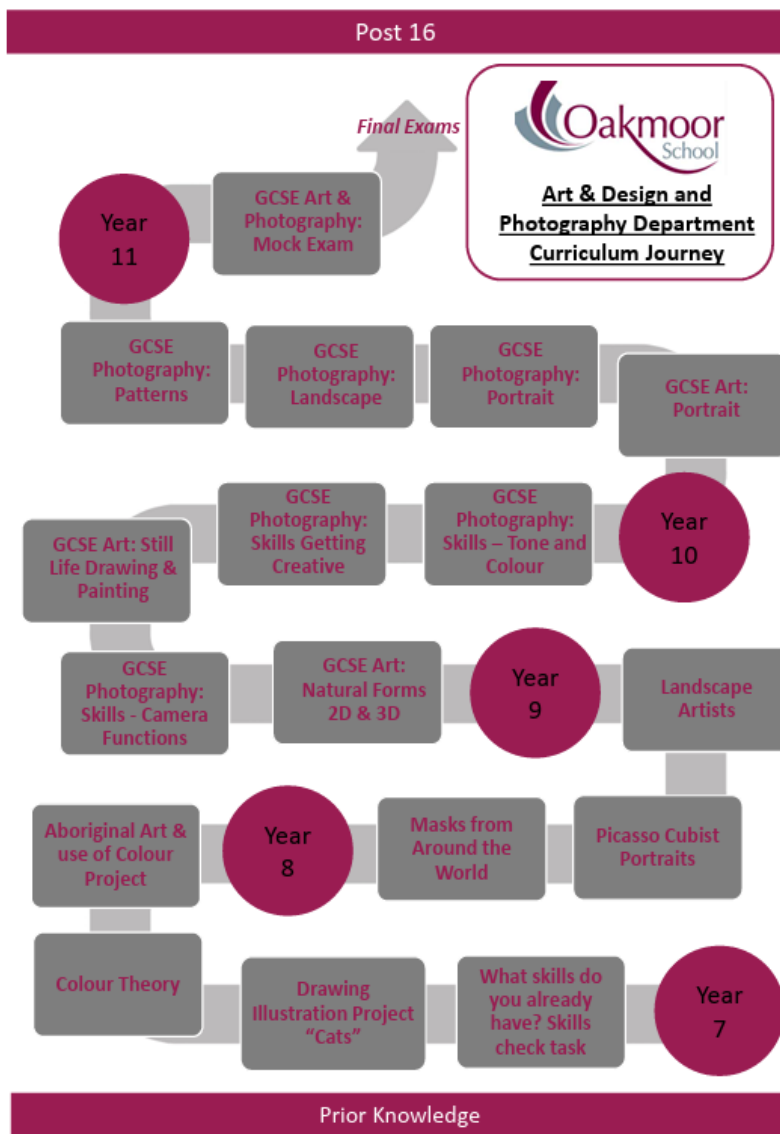
RELIGIOUS EDUCATION

SCIENCE

PSHE

FUTURES (YEAR 7 AND 8)

Our Curriculum



[HOME](#) → [CURRICULUM AND LEARNING](#) → [CO-CURRICULAR & ENRICHMENT](#)

CO-CURRICULAR & ENRICHMENT

Oakmoor offers a variety of lunchtime and after school extra-curricular activities along with various other activities including the Duke of Edinburgh Award Scheme and participating in numerous Sporting fixtures. For more information see below.

MENU 

In This Section

[DUKE OF EDINBURGH AWARD](#)

[EXTRA CURRICULAR CLUBS](#)

ENRICHMENT WEEK 2026

PDF



PE EXTRA CURRICULAR AUTUMN 2025

PDF



CO-CURRICULAR LETTER- SUMMER TERM 2026

PDF



CO-CURRICULAR TIMETABLE - SUMMER TERM 2026

PDF



Enrichment and Co-Curricular

Enrichment and Co-Curricular at Oakmoor

Examples of Trips

Year 7	Year 8	Year 9	Year 10	Year 11
- Cobnor Team Building Day - Pantomime Trip - Humanities Trip	- Brand Hatch Trip - Pantomime Trip - Science STEM Trips	- Imperial War Museum Trip - DofE Expeditions	- Tate Modern Art Trip - Tower of London History Trip - Disneyland Paris Trip	- Geography Field Trip for GCSE students - Disneyland Paris Trip

Examples of Co-Curricular Clubs

All Years Boys and Girls Football
 All Years Girls Netball
 All Years Boys and Girls Basketball
 All Years Cricket Club
 All Years Boys Rugby Club
 All Years Badminton and Table Tennis
 All Years Rounders

Duke of Edinburgh Award
 Drama Club
 Choir Club
 History Club
 Chess Club
 Climate Leaders
 Homework Club



Co-Curricular Timetable – Summer Term 2026

Please sign up on Arbor if you would like to join these clubs

	Club	Year Group(s)	Day(s)	When	When	Who
Sports and Wellbeing	Dodgeball	All	Monday	3.15-4.15pm (April-May)	Sports hall	Mr Oliver
	Athletics/Track Club	All	Monday	3.15-4.30pm (May-July)	Field	Mr Oliver
	BTEC Sport Intervention	9/10	Monday	3.15-4.30pm	S111	Miss Andrews/Miss Wright
	Rounders	All	Monday	3.15-4.30pm	Field	Miss Andrews, Miss Seddon, Miss Wright
	Tennis	All	Tuesday	3.15-4.15pm (May-July)	MUGA	Mr Gashi, Mr Adams
	Cricket	All	Wednesday	3.15-4.30pm (until exams)	Sports hall	Mr Oliver
	Volleyball	All	Thursday	3.15-4.15pm (April-May)	Sports hall	Mr Gashi, Mr Adams
	BTEC Sport Intervention	11	Friday	3.00-3.00pm	S111	Mr Oliver
	Morning Fitness	All	Friday	7.45-8.15am	Astro	Mr Oliver & Mrs West
	Badminton	All	Friday	3.00-5.00pm	Sports hall	Miss Andrews
Arts and Expression	Rugby	All	Friday	3.15-4.15pm	Astro	Mr Oliver, Miss Wright, Miss Ferris, Miss Cullen
	Dance	All	Monday	9.00-9.00pm	Theatre	Miss Ferris, Miss Randall
	Into the Woods rehearsal	Selected students	Tuesday, Wednesday, Thursday	3.00-4.30/5.00pm (until May 25th)	Theatre	Miss Ferris, Miss Randall
	GCSE Drama Intervention	11	Thursday	3.15-4.15pm	Drama studio	Mrs Randall
	Performing Arts open rehearsals	All	Friday	3.00-4.00pm	Theatre/Music	Miss Ferris
	Art & Design	7 & 8	Friday	Lunch time	S108	Mrs Moral



2026



Enrichment Week, July 2025

Enrichment week is where we offer a range of activities both onsite and offsite aimed at providing opportunities for students to explore new skills and experiences in a fun and supportive environment.

Offsite Trips

Year 7	Year 8	Year 9	Year 10
- Marwell Zoo - Legoland	Calshot residential	- Go Ape - Chessington World of Adventures	- University of Chichester - Thorpe Park

Examples of onsite activities

Video game coding
 Jewellery Making
 UCA Animation Workshop
 Board Games
 Multisport (CM Sports)

Orienteering
 DofE taster session
 Dance
 Film Watching
 All Day Team Building Activities



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Enrichment and Co-Curricular



MUSIC LESSONS
YOUR MUSIC STARTS HERE!

PLAY
PRACTICE
PERFORM

MUSIC CHANGES EVERYTHING

LIVE YOUR SOUND

GUITAR • PIANO • KEYBOARD • DRUMS • VOCALS

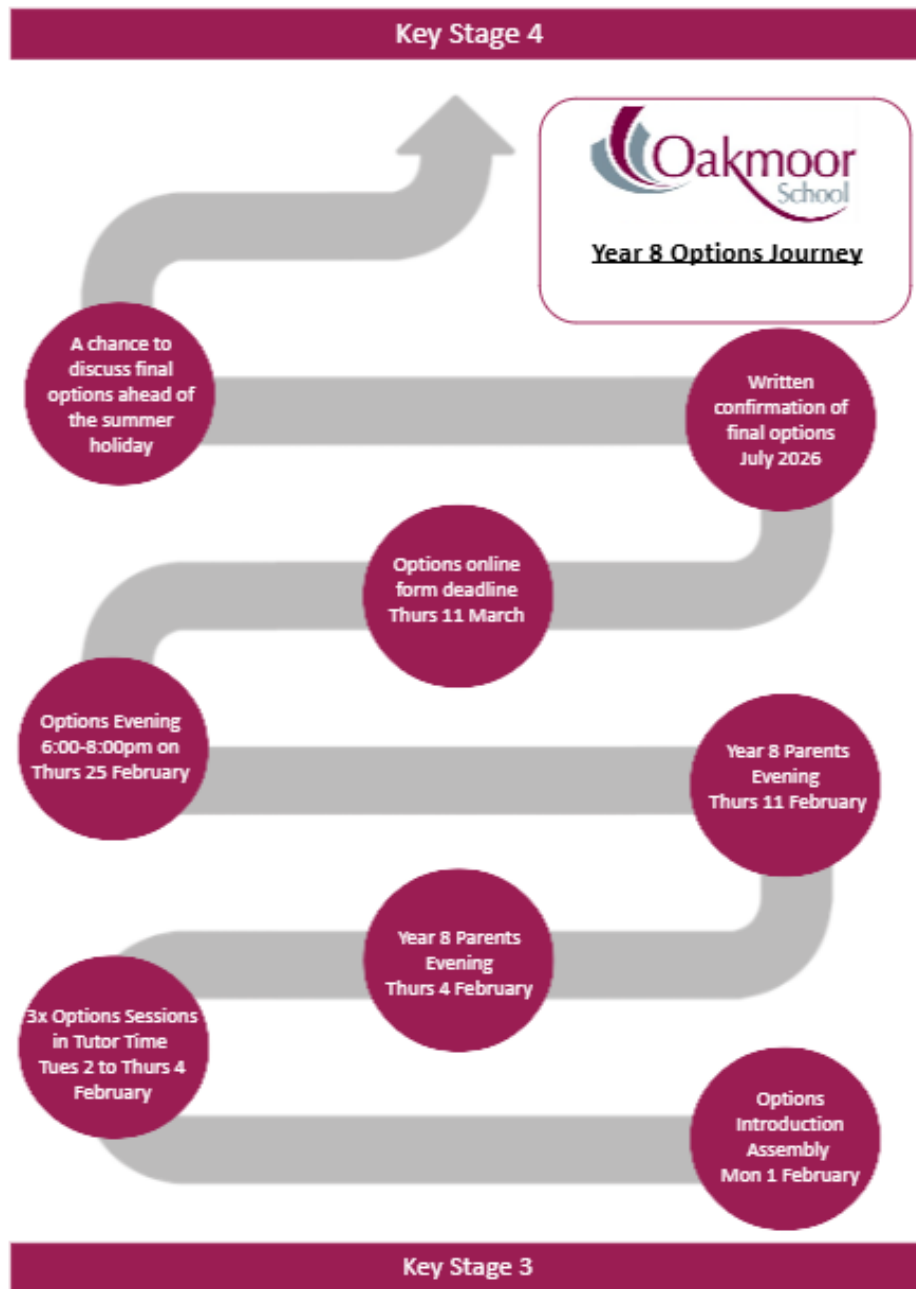
Fun, inspiring lessons at school

ENROL NOW

www.rockandpopfoundation.com/musicassembly



Year 8 Options Journey



Why is Homework (revision) important ?

- Homework helps students remember more by revisiting, practising and consolidating the knowledge taught in lessons
- Year 7&8 are the foundation years for developing successful homework (revision) habits.
- A simple and consistent homework programme combines reading, maths, science and retrieval practice.
- We know family life is busy, but helping students complete homework little and often has a significant impact on success.

How we do homework

Oakmoor Year 8 homework guide for Parents



Oakmoor Key Stage 3 homework

Sparx homework

Maths · Reader · Science

Seneca homework

English

Carousel homework

Geography · MFL · History · RE ·

Computer Science*

Paper based homework

Art

Please note:

Dates are subject to change if necessary.

* Computer Science is only set for Year 7 and 8 assessments

How much homework can I expect to be doing each night?

Year 8 – 60 mins per night

Years 9, 10 & 11 – 1hour 30mins per night



Sparx Learning



SENECA

QUIZIZZ ^{UK}



CAROUSEL
LEARNING

Safeguarding our Young People

- Safeguarding is protecting children from harm and promoting wellbeing
- Our young humans face increasingly more concerning risks as their independence grows
- Partnership: School + Parents + Community



Safeguarding

Who are we?



Designated
Safeguarding
Lead
Mrs Evans

All staff are responsible
for safeguarding a
student.



Designated
Safeguarding
Officer
Mrs Riva- Williams



DDSL
Mr Beere



DDSL
Mrs Conley-Harper



DDSL
Mr Wright



DDSL
Mrs Woodage



DDSL
Mr Riley

Warning Signs

- Sudden behavioural or mood changes
- Withdrawal from family and friends
- A drop in wanting to attend school
- A drop in achievement or motivation for learning
- Secretive online behaviours
- Unexplained gifts or money



Key Risks

- Online Risks: cyberbullying and exposure to harmful content
- Peer Relationships: pressure, and exploitation
- Mental Health: stress, anxiety, self-harm
- Substance Use: vaping, alcohol, drugs
- Exam and School Pressure: disengagement, low attendance



How Parents can Safeguard

- It is okay to say "no".
- Keep conversations open.
- What are the new guidelines for social media – make sure you are aware. Set healthy screen time and ensure social media is monitored.
- Encourage habits and balance: schoolwork, rest, hobbies and friends.
- Please contact school if you are worried.
- Look out for our safeguarding newsletters.



Devices

They are now locked away for the day at school.
How has this impacted?



What are they using it for?

Who pays the bill?

Healthy Routines!

Phone down time!



Routine – Mobile Phones



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Staying safe online



Social media

Tips to manage privacy, pressure and online contact



Talking to your child about online safety



Help keep children safe online with Techosaurus!



How to help a child who feels lonely



Young people and self-harm



Supporting a child with depression or anxiety

Spot the signs and find ways to help your child feel more supported.

Thank you for listening

What's next this evening?

- ☐ An opportunity to meet with your child's Tutor
- ☐ Refreshments are available in the dining hall until 8:00pm.